

# Mental Health & Well-Being Virtual Drop-Ins • Spring 2022 with Olivia McDonald-James, MSW, LSW

1/18-5/13

Virtual drop-in sessions are a great opportunity to get some support, as well as talk about your feelings and your academic and personal experiences.

**Open to all undergraduate and graduate students.**

Mondays: 3:00pm – 5:00pm EST  
Wednesdays: 3:30pm – 6:00pm EST  
Thursdays: 3:00pm – 5:00pm EST

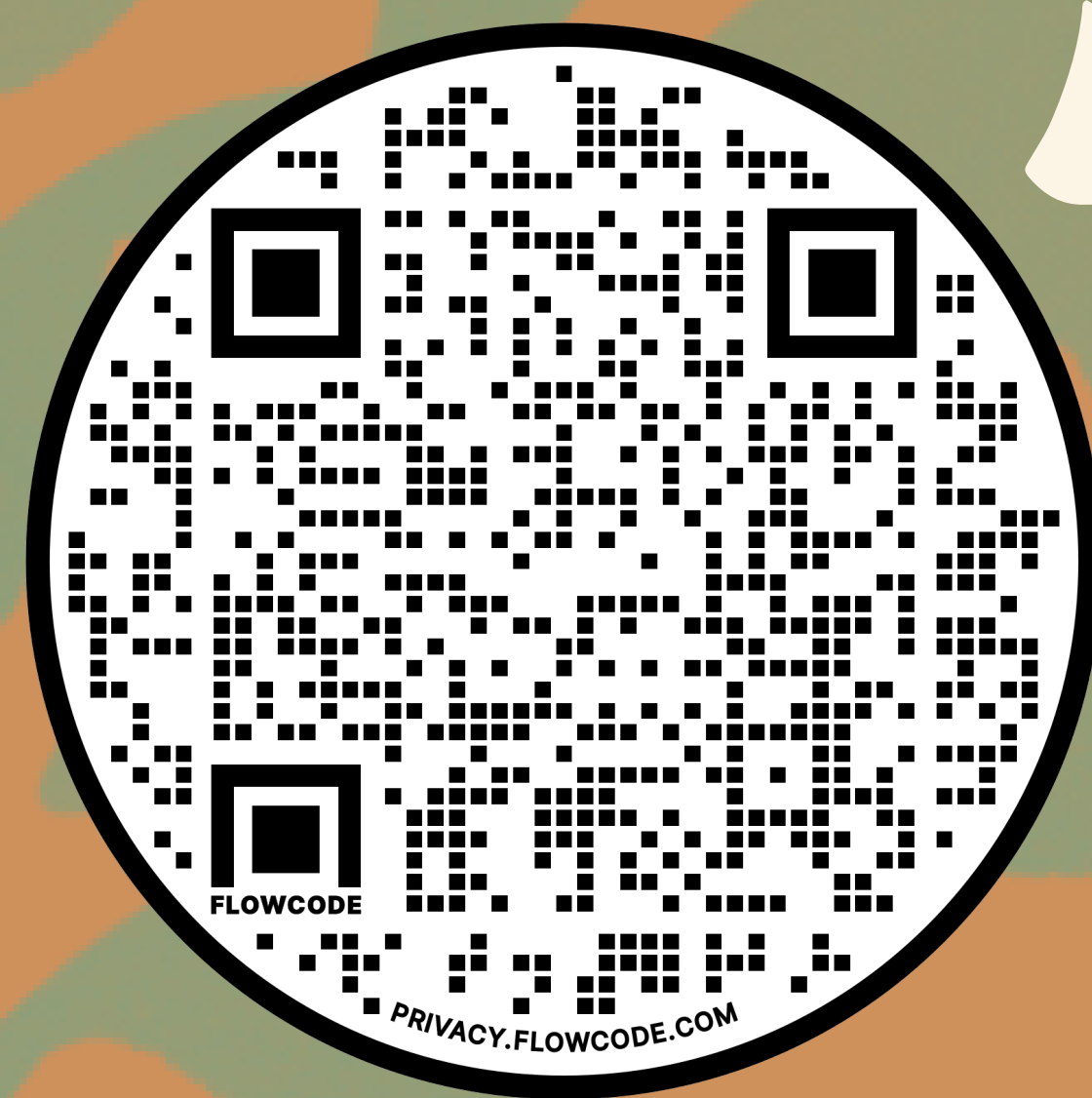
Meeting ID: 997 6269 0377

Scan me to join zoom  
meeting

<https://princeton.zoom.us/j/93057402547>

\*Olivia will not be holding drop-ins on the following dates: 3/7, 3/9, 3/10

To schedule a session outside of drop-in hours email Olivia at [om1703@princeton.edu](mailto:om1703@princeton.edu)



Olivia is a TigerWell Outreach Counselor at CPS; they partner with the Fields Center and the Gender & Sexuality Resource Center to provide safe(r) mental health spaces.

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